

Gym

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Price

[View payments](#)



Execution deadline in working days

-



Recipient

Individual person



Receiving restrictions

-

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On-site



The equipment of gym is modern and multifunctional for all muscle group training. Many training devices are suitable also for persons with reduced mobility, including persons in a wheelchairs. All training devices has antibacterial coverage.

Physical activities in the gym improves persons muscle strength, active stability and joint mobility, balance and coordination, and load tolerance.

Our experienced specialists will help everyone to choose the right exercises and load!

Payments

Other information

Prices

Get a service

On-site


[See more details](#)

Service inquiries

Rehabilitation services department

 [+371 28674707](tel:+37128674707)

 [+371 67771000](tel:+37167771000)

 Dubultu prospekts 71, Jūrmala, LV-2015

<https://www.siva.gov.lv/en/services/gym>